



*Dentistry Dedicated
to Excellence*

Oral Conscious Sedation Pre-operative Instructions

Please Read These Instructions Prior to your Procedure

-I have requested an oral sedative: Halcion with a maximum dosage 0.5 mg to help relieve anxiety and/or apprehension.

-The sedative may cause dizziness, drowsiness, time constriction, poor motor coordination and fatigue.

-Do not ingest any fluids or solids by mouth for eight (8) hours prior to the dental procedure as this could be life-threatening.

-Do not use Nicotine, alcohol, caffeine or any other **non** prescription drugs 24 hours before procedure.

-Take all prescription medications as usual unless specifically requested by your Dentist or Doctor.

-Provide a complete and truthful medical history that includes all medications, drug use, pregnancy, recent hospital visits, or notify us of any changes, etc.

-Wear comfortable clothing with a short sleeve shirt (to take your blood pressure) and a light jacket over the top. We have blankets available to keep you warm. For shoes, no heels, or sandals. We recommend tennis shoes.

-An adult must transport me to the office and home afterward. I understand that I will be under the influence of the sedative for 8 to 10 hours and agree to stay at home under the supervision of an adult and will not attempt to drive, supervise or care for children, or perform anything that requires coordination or personal judgment.

-I understand that I can NOT have any alcohol, tranquilizers or other sedatives the day before or the day of the treatment - either before or after appointment.

-Anesthesia includes:

Local anesthesia: Lidocaine, etc., to block pain pathways in a localized area. Oral sedation alters your awareness of the procedure by producing sedative/amnesic effects.

-I understand there are risks involved with both anesthesia and oral sedation that can include but are not limited to:

- o Nausea and vomiting
- o Temporary partial numbness to face or tongue
- o Unexpected allergic reaction
- o Pain, swelling, bruising or inflammation to the area of injection
- o Prolonged disorientation, confusion or drowsiness after treatment
- o Respiratory or cardiovascular responses that can lead to stroke, heart attack or death

-Prescriptions should be picked up before your surgery. Often we have you start Prescriptions 1 to 2 days before surgery date

-We invite your questions concerning this or related procedures and their risks.