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to Excellence*

Consent for Teeth Whitening

Below are several considerations related to using carbamide solution for the purpose of whitening teeth. Please read the following carefully.

1. The active ingredient is carbamide peroxide in a glycerin base. If you are aware of any allergy or adverse reaction to this ingredient, do not proceed with treatment.
2. Peroxide solutions have been used for many years as antiseptics in the mouth. They have only recently been more widely used for their whitening effect on teeth. The FDA has not acted on their use as a teeth whitening agent.
3. As with any treatment, there are benefits and risks. The benefit is that teeth of many patients can be whitened in a fairly quick and simple manner. The risk involves the constant use of the peroxide solution for an extended period. Research indicates that short term use of peroxide on teeth is safe. There is no research, however, definitely establishing the long range safety of peroxide when used on the soft tissue (gingiva, cheek, tongue, throat). Although extent of risk is unknown, acceptance of treatment means acceptance of this risk
4. The amount of whitening varies with the individual. The average patient achieves considerable change within 2 weeks of use. Coffee, tea, and tobacco may stain teeth after treatment in the same manner as before treatment.
5. You may experience sensitivity (usually slight and temporary) which will subside when treatment is discontinued.
6. While there have been no adverse reactions of exposure of teeth and gums to Carbamide Gel, we recommend that heavy smokers and pregnant or nursing women obtain permission from their physician prior to beginning treatment.

I have read the above information. I agree to return for examination in 1 week after treatment begins and at any recommended time afterwards. I have read and received a copy of the instruction/information sheet. I understand the directions and information and had the opportunity to ask questions. I consent to treatment and I assume the risks described above.

Patient _____ Date _____